DOCUMENT RESUME

ED 430 956 SP 038 540

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TITLE	From Diapers to Dating. A Parent's Guide to Raising Sexually Healthy Children.
ISBN	ISBN-1-55704-385-X
PUB DATE	1999-00-00
NOTE	228p.; Introduction by Alyssa Hoffner Tartaglione.
AVAILABLE FROM	Newmarket Press, 18 East 48th Street, New York, NY 10017; Tel: 212-832-3575; Fax: 212-832-3629 ($22.95).
PUB TYPE	Guides - Non-Classroom (055)
EDRS PRICE	Document Not Available from EDRS.
DESCRIPTORS	Acquired Immune Deficiency Syndrome; Adolescents; *Child Health; Children; Day Care; Divorce; Elementary Secondary Education; Health Promotion; Homosexuality; Infants; *Parent Child Relationship; Parent Role; Parents as Teachers; Preschool Education; *Sex Education; Sex Role; Sexual Abuse; *Sexuality
IDENTIFIERS	Sexual Attitudes; Sexual Relationships

ABSTRACT

This step-by-step program for raising sexually healthy children helps parents provide accurate information and communicate their own values to their children. Chapter 1, "The Basics"; includes "Sexually Healthy Families"; "The Key: Finding Teachable Moments"; and "Guidelines for Communication." Chapter 2, "Infants and Toddlers, Birth to Age 2," includes "Sexual Development of Infants"; "Parents' Response"; "The Importance of Touch"; "Sexuality Issues at the Hospital"; "Circumcision"; "Hepatitis B"; "First Days at Home"; "Teaching the Parts of the Body"; "Genital Exploration"; "Thinking Through Gender Roles"; and Special Issues: "Your Child Care Provider." Chapter 3, "The Preschool Years, Ages 2 to 5," includes "Teaching the Parts of the Body"; "Bath Time"; "I Want to be Alone"; "Genital Touching"; "We're Just Playing Doctor, Mom"; "'Is My Son Gay?'" "'Where Do I Come From?'" "When Your Child Walks In When You Are Making Love"; and Special Issues: "Your Preschool" and "Sexual Abuse." Chapter 4, "Early Elementary School, Ages 5 to 8," includes "Your Child is Growing Up"; "Teaching Your Child the Facts of Life"; "Bath Time"; "Masturbation"; "More on Sex Play"; "Friendships"; "Going to Other People's Houses"; "But All the Kids Watch It"; "The News"; "Working with the Elementary School"; "Tag, You Have AIDS"; "Oh S@#$!"; "I'm So Sexy;" and Special Issues: "Divorce" and "Parents Dating." Chapter 5, "Upper Elementary School, Ages 9 to 12," includes "Preparing for Puberty"; "Preparing Your Daughter for Puberty"; "Preparing Your Son for Puberty"; "For Boys and Girls"; "A Few Words About Early and Late Developers"; "'Am I Normal?'" "Emotional Development"; "The Preteen Ager with No Questions"; "Masturbation"; "Going Together"; "Mom, I Think I'm Gay"; "Body Image, Appearance, and Dieting"; "Teen Magazines"; "Dad, Will You Buy Me a 'Playboy'?" "The Internet"; and Special Issues: "Hostile Hallways" and "How to Evaluate Sexuality Education Outside of the Home." Chapter 6, "Resources for More Information," includes "Additional Readings"; "Videos"; "Web Sites"; "Organizations"; and "Hotlines." (SM)

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